

# 2026 Athletes Guide



## Moreton Bay Swim

Proudly hosted by

**SSG Multisports**



**Date: 1st February 2026**  
**Venue: Redcliffe SLSC**  
**Suttons Beach**

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## Welcome to the Moreton Bay Swim 2026!

Dear Swimmer,

Congratulations and welcome to the Moreton Bay Swim 2026!

We are thrilled to have you join us for the 7th year of Greater Brisbane's only ocean swim event.

Whether you're an experienced swimmer or taking on your first open-water challenge, we are here to ensure you have an unforgettable experience.

## About the Swim

The Moreton Bay Swim 2026 is all about connecting our community of passionate swimmers with the natural beauty of Moreton Bay. Known for its crystal-clear waters, vibrant marine life, and stunning coastal views, this location sets the perfect stage for a race that will leave you both exhilarated and inspired. With multiple distances to choose from (1km, 2km, and 4km), each swimmer can find a challenge that matches their skill level and goals.

The event has grown significantly since its inception in 2020, from just 9 swimmers to around 300 in 2025. We expect a similar enthusiastic turnout of around 300-400 swimmers in 2026, supported by approximately 50 volunteers to bring the event together.

Redcliffe Surf Life Saving Club will be looking after safety both in the water and on land. This event is proudly supported by QSCAN Redcliffe.

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## 1st February 2026 Program

6:00am - Check in Opened

7:00am - Check in Closed

7:15am - 4km Briefing

7:30am - 4km Start - Women

7:35am - 4km Start - Men

7:50am - 2km Briefing

8:00am - 2km Start - Women

8:05am - 2km Start - Men

8:20am - 1km Briefing

8:30am - 1km Start - Women

8:35am - 1km Start - Men

9:15am Presentations and Raffle Draw

\*Times are subject to change

Minimum Ages: 4km (16+), 2km (14+), 1km (14+)

Time Limits: 4km - 2 hours / 2km - 1.5 hours / 1km - 1 hour

### **At check in you will receive the following items:**

1. Moreton Bay Swim Cap (must be worn)
2. Timing Chip (Wear on ankle)
3. Merchandise Orders (pre-purchased)

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## Presentations

Medallions Presented to the overall male and overall female finishers in each distance:

1km - 1st, 2nd, 3rd Overall Male

1km - 1st, 2nd, 3rd Overall Female

2km - 1st, 2nd, 3rd Overall Male

2km - 1st, 2nd, 3rd Overall Female

4km - 1st, 2nd, 3rd Overall Male

4km - 1st, 2nd, 3rd Overall Female



\*Presentations will commence after the last swimmer finishes.  
Estimated to be between 9.15-9.30am.

## Results

Results will be available on the Race Roster Results webpage after the event:

[Moreton Bay Swim 2026 Results](#)

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## Course Maps

Swimmers must follow the prescribed course as instructed during the briefing.

Athletes to keep swim buoys on their right.

1 Km Course



2 Km Course



4 Km Course



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## Venue Map

The event is centered at Suttons Beach near Redcliffe Peninsula Surf Life Saving Club on Marine Parade. Key locations include:



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## Swimmer's Guide

All swims take place in the ocean/open water, beginning and finishing at Suttons Beach. Courses run parallel to the shore in Moreton Bay.

### Rules

1. All swimmers must check in at the registration tent on Sunday 1st February 2026, where they will receive their timing chip, event swim cap (updated design), and race number.
2. All swimmers must wear the official event swim cap.
3. All swimmers must wear the official timing band (replacement fee \$150 if lost).
4. All swimmers must comply with race rules and follow directions of race officials and Surf Life Saving personnel.
5. No flotation devices or swimming aids including swim paddles or fins are permitted (In some instances these may be approved by the Race Director, however prizes will be forfeited). Goggles, nose clip, and earplugs are allowed.
6. All swimmers must start in their allocated wave and swim the designated course.
7. Attend the pre-race briefing for your distance – mandatory.
8. Swimmers must display good sportsmanship; unsportsmanlike conduct leads to disqualification.
9. No outside assistance except from officials or lifeguards.
10. In case of withdrawal, inform an official and return timing chip.

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## Swim Safety

Ocean swimming has risks and dangers. All swimmers participate at their own risk. Ensure you are physically prepared, with appropriate training and possibly a medical check.

- Redcliffe Surf Life Saving lifeguards will patrol with IRBs, jet skis, and rescue boards.
- If needing assistance, raise one arm or roll onto your back to signal.
- Follow the course to avoid disqualification.
- Exercise caution around buoys and other swimmers.
- Utilise post-race hydration.
- Lifeguards may remove swimmers if safety is at risk.
- Report any injury or incident to a lifeguard.
- Comply with all officials' directions.
- In case of emergency (e.g., alarm), return to shore immediately.
- For shark sighting: Minimum 1-hour delay; possible postponement/cancellation. Weather changes will be communicated.

If any races are impacted, completed results stand.

Thank you for choosing to be a part of the Moreton Bay Swim 2026. We look forward to seeing you at the starting line, ready to take on the waves! Let's make this a swim to remember.

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## Event Merchandise



Order your merch today:  
**Moreton Bay Swim Merch**

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## Keep Informed

The Moreton Bay Swim Facebook Page is the best place to keep in touch.

Follow to stay up to date: [Moreton Bay Swim - Facebook](#)

Of course, if you have any questions, please feel free to reach out via email: [suttonsswimgroup@gmail.com](mailto:suttonsswimgroup@gmail.com)

See you at the swim!

Warm regards,

SSG Multiports and the Moreton Bay Swim 2026 Team

- SSG Email: [suttonsswimgroup@gmail.com](mailto:suttonsswimgroup@gmail.com)
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